

Daily Liturgy

Three Bows

With utmost sincerity,
I pay homage to the eternal Triple Gem,
throughout the ten directions of the Dharma realm.

Repentance



All the evil deeds I have committed in the past
Arose from beginningless greed, anger, and delusion,
Born from the body, speech, and mind,
I now confess them all.



Opening the Sutra

The supreme, profound, and subtle Dharma,
So rare to encounter even in hundreds of thousands of eons,
Now I see, hear, and receive it.
May I comprehend the true meaning of the Tathagata's teachings.



Morning *(recite sutras of your choice)*

Heart Sutra

Lotus Sutra, whole chapter or just verses

Ch. 21 Divine Powers

Ch. 25 Universal Gate

Evening Sutra *(recite sutras of your choice)*

Heart Sutra

Amitabha Sutra

Lotus Sutra, whole chapter or just verses.

Ch. 16 Lifespan of the Tathagata

Ch. 25 Universal Gate

Heart Sutra

MAHA PRAJNA PARAMITA HRDAYA SUTRA

Avalokiteshvara Bodhisattva doing deep prajna paramita, clearly saw emptiness of all five conditions, thus completely relieving misfortune and pain.

O Shariputra, form is no other than emptiness, emptiness no other than form; form is exactly emptiness, emptiness exactly form; Sensation, conception, discrimination, awareness are likewise like this.

O Shariputra, all dharmas are forms of emptiness. Not born, not destroyed, not stained, not pure, without loss, without gain; so in emptiness there is no form, no sensation, conception, discrimination, awareness;

No eye, ear, nose, tongue, body, mind; no color, sound, smell, taste, touch, phenomena; no realm of sight, no realm of consciousness, no ignorance and no end of ignorance; no old age and death, no end to old age and death; no suffering, no cause of suffering.

No extinguishing, no path, no wisdom, and no gain. No gain and thus the Bodhisattva lives prajna paramita, with no hindrance in the mind, no hindrance, therefore no fear, far beyond deluded thoughts this is Nirvana. All past, present, and future Buddhas live prajna paramita, and therefore attain annuttara-samyak-sambodhi.

Therefore know, prajna paramita is the great mantra, the vivid mantra, the best mantra, the unsurpassed mantra, it completely clears all pain. This is the truth, not a lie. So set forth the prajna paramita mantra, set forth this mantra and say:

Gate gate paragate parasamgate bodhi svaha

Gate gate paragate parasamgate bodhi svaha

Gate gate paragate parasamgate bodhi svaha

MAHA PRAJNA PARAMITA HRDAYA SUTRA ❖

Five Precepts

I resolve to:

Not kill

Not steal

Not engage in sexual misconduct

Not lie

Not use intoxicants



Four Great Resolutions of Bodhisattvas

Beings are numberless, I resolve to save them all.

Sufferings are endless, I resolve to overcome them all.

Dharmas are countless, I resolve to master them all.

The Buddha's Way is infinite, I resolve to accomplish it.



Optional Personal Prayer or Request



Principal Deity Mantras or Veneration

Namu Fundamental Teacher Shakyamuni Buddha¹



Shakyamuni Buddha

ON SARUBA SHICHIKEI BISHUDARANI SOWAKA



Ksitigarbha Bodhisattva - Great Effort & Vows

ON KA KA KA BISAMAEI SOWAKA



Thousand Eyes & Hands Avalokiteshvara Bodhisattva - Great Compassion

ON BASARA DARUMA KIRIKU



¹ Replace with NAMU AMIDA BUTSU/NAMO AMITOUFO, or NAMU (insert name) etc. depending on the main deity enshrined. Repeat mindfully as you wish 3, 7, 21, 108x etc. The following mantras may be recited 3x.

Dharma Lotus Verse of the Buddha

May the merit of this practice,
Spread universally to all.
Together with every sentient being
May we all attain the Buddha Way.



Seven Buddhas' Universal Precepts

May all beings refrain from all evil,
Cultivate all good,
And purify their minds—
This is the teaching of all Buddhas.
Homage to the noble assembly!

Three Bows

With utmost sincerity,
I pay homage to the eternal Triple Gem,
throughout the ten directions of the Dharma realm.



Celestial Platform Vihara

天臺精舍

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For information: **monastics@celestialplatform.org**

Before beginning chanting~

Wash hands and rinse your mouth.

Offer flowers to the left, water and tea in front, and a candle to the right, if appropriate.

Incense may be placed in front. More extensive offerings as you are willing and able.

First, sit respectfully and calm your body, breath, and heart.

After bowing three times, pick up the chanting book and hold it at heart level, with both hands.

Chanting should be slightly higher than your speaking voice, even, clear, and smooth, neither too loud nor too quiet. The image is that of gentle rain.

Practice notes:

This symbol ❖ indicates one bell or gong.